

Untitled Document

Ever entered a room and realised that you don't have the foggiest inkling of what you went to do there?

If this is a familiar feeling, then you will know exactly how to remember why you went into the room

In psychology and psychiatry the fact that walking-through-doorways-causes-forgetting is explained

The great thing is that, once you know this, you can use it to your advantage by deliberately setting

Many of us find it difficult to move through this virtual doorway towards our own dream, because w

She says that you should ask yourself: The change I need to make . . . is it harmful to myself or o

Author Neale Donald Walsch writes that you should step into your choices and stop telling yourself

Neale says that you should never do something because you don't think the other people need your help or might

“Do whatever you do as a means of deciding, deciding, creating, and experiencing .

Simply sit down and ask yourself what you would love – to be, to do, to have. Then notice the thou

Sad fact is that you'll never be able to create a life that is out of harmony with what you really belie

Life coach Guy Finley says that you “may be able to protect the things that you fear losing, whatev

Fear is like being invited to a complete stranger's party to celebrate the life of someone you've never

“Should you choose to attend, however irrational it may surely seem, upon presenting your invitation at

Surprise! You walked through the right doorway and suddenly remembered who you really are.