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Millions of people are, as we speak, living somebody else's life. Every time you open a women's magazine

The unfortunate truth is that many people will never find their purpose in life because they haven't

Life coach Bob Proctor tells the story of Keri, a school bus driver and single mom who had one dream

Keri, however, will tell you that it was life in a straightjacket. Sure, she was living the life of financial

The real Keri was invisible. In her pursuit of success she had, very much like monks' vow of celibacy

So, what happens when your dream finally comes true, and you find that it wasn't even your own dream

As Gina says, you can't fix your hair by combing the mirror. We all know that. To change the reflection

There's a story about the Indian guru Amrit Desai that explains this. People say that he had an assistant

How often do you allow a thing of pure joy to become your misery? If you're anything like the rest of us

In his 'Notes from the Universe' Mike Dooley writes something about love that is just as true about

You were born to love, hope and dream, "no matter the cost, no matter what someone else said, and

Dreams shatter, hope fails, love hurts, but that shouldn't stop you from finding the joy that can spring from life.  
You find joy whenever you're present in your own life, whenever you start hearing the beat of your own heart.

It is as Nietzsche said: "And those who were seen dancing, were thought to be insane by those who could not dance."  
"Whoohooo!"